

# PSYC 640

# Grad Stats

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FALL 2024

Project Workflow

# Reminders/Updates

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Assignment 1 is posted – Reverse Results

Posting your presentations on website? Privacy

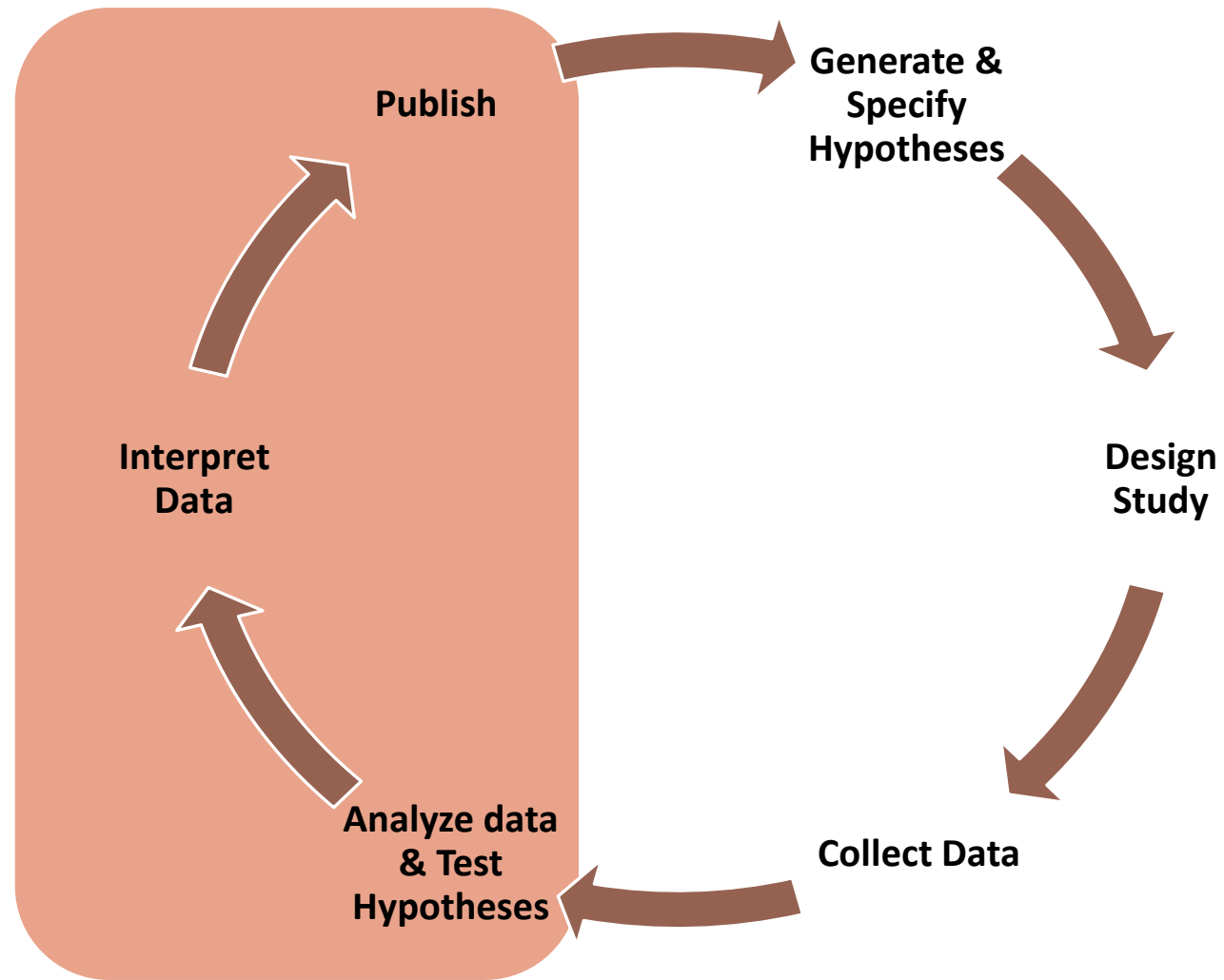
Feedback/Question Box

# Overview

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## Workflow of a manuscript/stats project

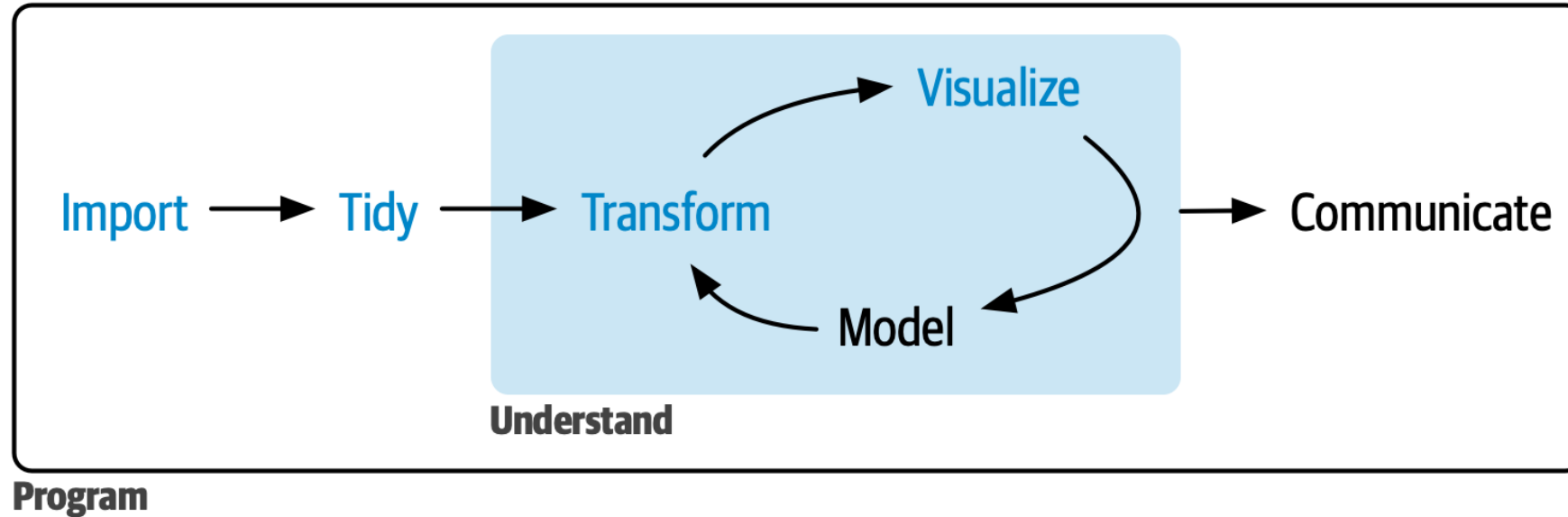
- Using R-Projects
- Structure of Rmd documents
- Results Section



# Research Design

# Research Workflow - Data

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## 3 | RESULTS

### 3.1 | Preliminary analyses

Table 1 reports descriptive statistics for demographic information, chronotype, and depression measurements for the overall sample, by gender and grade. The mean for chronotype in this sample ( $M = 26.87$ ,  $SD = 5.38$ ) fell within established norms (Carskadon et al., 1993) and was consistent with an intermediate type. The majority of youth were identified as an intermediate type (approximately 79%), with 11% being considered evening type. T-tests showed no significant gender difference for chronotype. Consistent with past work, postpubertal participants showed significantly greater preference toward evening ( $t = 3.54$ ,  $d = 0.46$ ,  $P < .001$ ). There was a significant gender difference for the CDI, with girls reporting higher depression symptoms ( $M = 4.50$ ) compared to boys ( $M = 3.49$ ;  $t = 2.3$ ,  $d = .30$ ,  $P = .022$ ). Over the entire duration of the study, 39.7% of participants experienced at least one episode of depression with girls displaying a marginally significant higher rate of depression diagnoses ( $\chi^2(1) = 3.034$ ,  $P = .082$ ). Correlations are reported in Table 2. Chronotype was moderately correlated with puberty, age, and depression (measured as a mean score from baseline to 36 months, and as a separate follow-up at 48 months), such that eveningness was associated with postpubertal, older participants, and higher levels of depression.

### 3.2 | Predicting later chronotype from earlier depression

Depression symptoms exhibited a significant effect upon chronotype such that individuals with higher CDI scores showed a greater preference toward evening ( $\beta = -0.347$ ,  $P < .001$ ,  $SE = 0.08$ ), when controlling for age, gender, and pubertal status. Next, we conducted a linear regression analysis with MESC scores as the dependent variable, earlier depression diagnosis as predictor, with pubertal status, age, and gender as covariates. We found a significant effect of depression diagnosis upon chronotype such that those who had experienced an episode of depression over the 3 years exhibited a greater evening preference ( $\beta = -0.13$ ,  $P = .045$ ,  $SE = 0.71$ ). Upon including depression (CDI or diagnosis) in the regression, the influence of pubertal status is no longer significant. These regression analyses show that earlier

# Research Workflow – Writing

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# Research Workflow – Writing



Organization is key



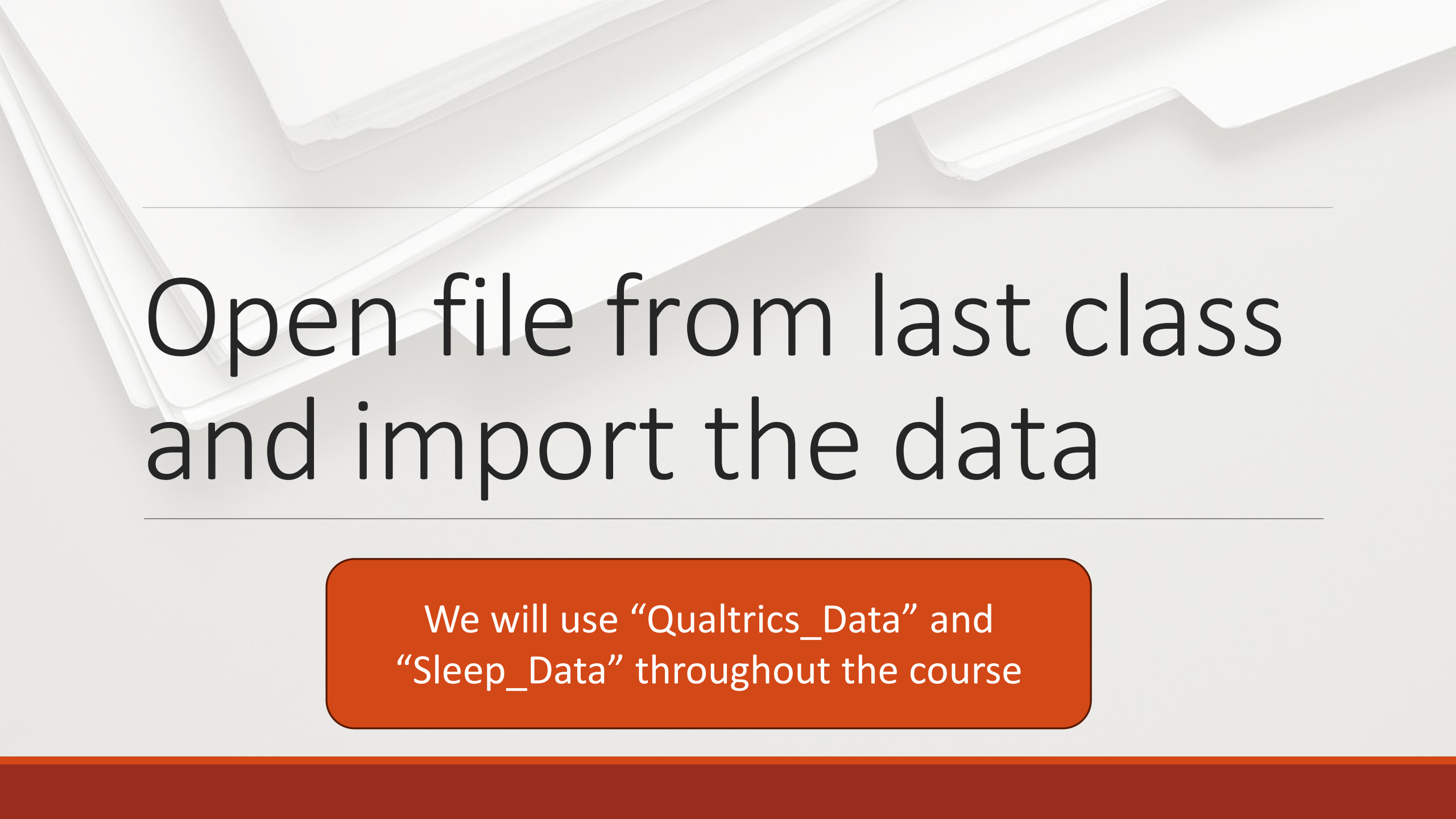
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This really is just a  
formula

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You are your own worst collaborator





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# Open file from last class and import the data

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We will use “Qualtrics\_Data” and  
“Sleep\_Data” throughout the course

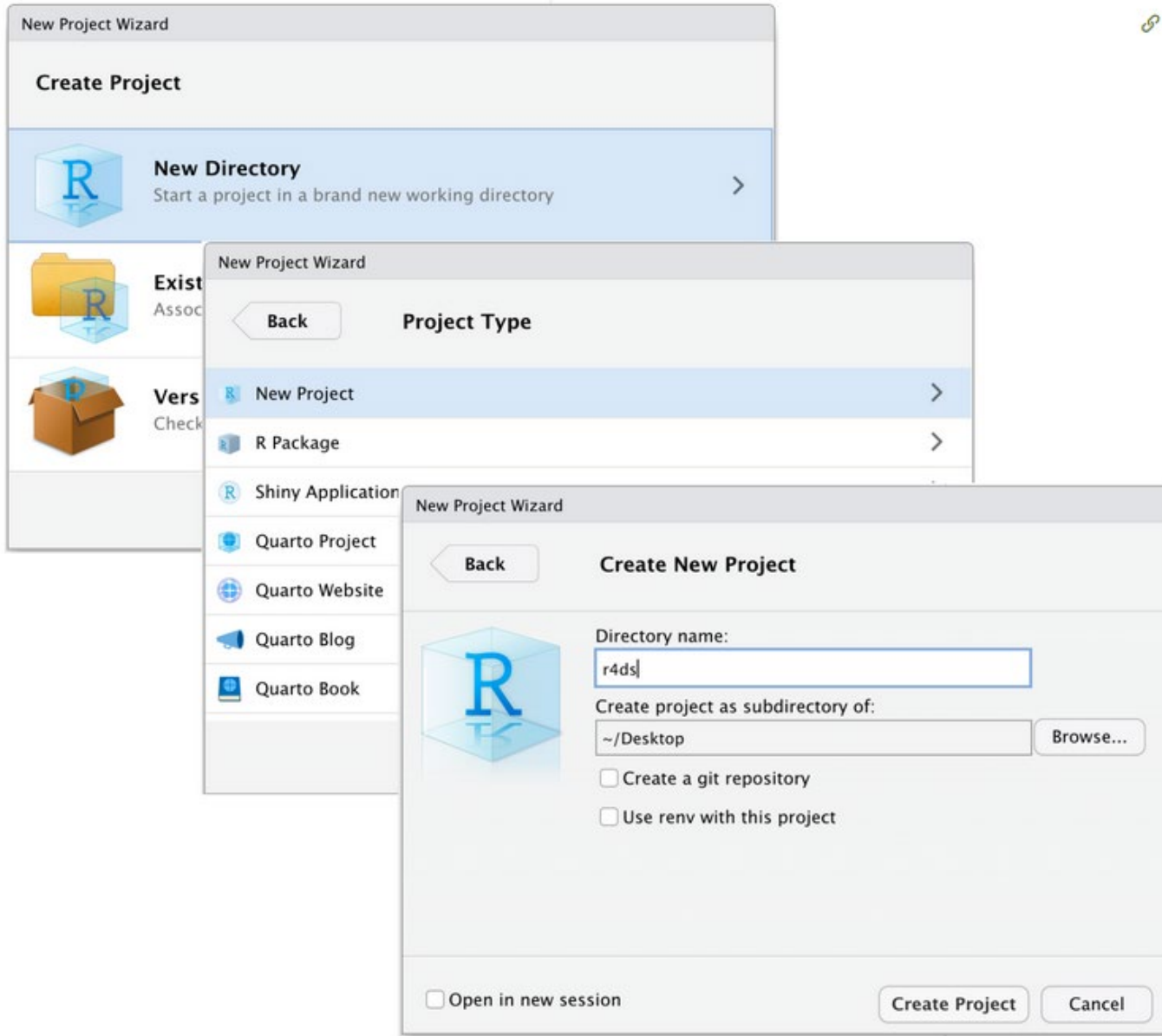
# Any Challenges??

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Where does your analysis live??

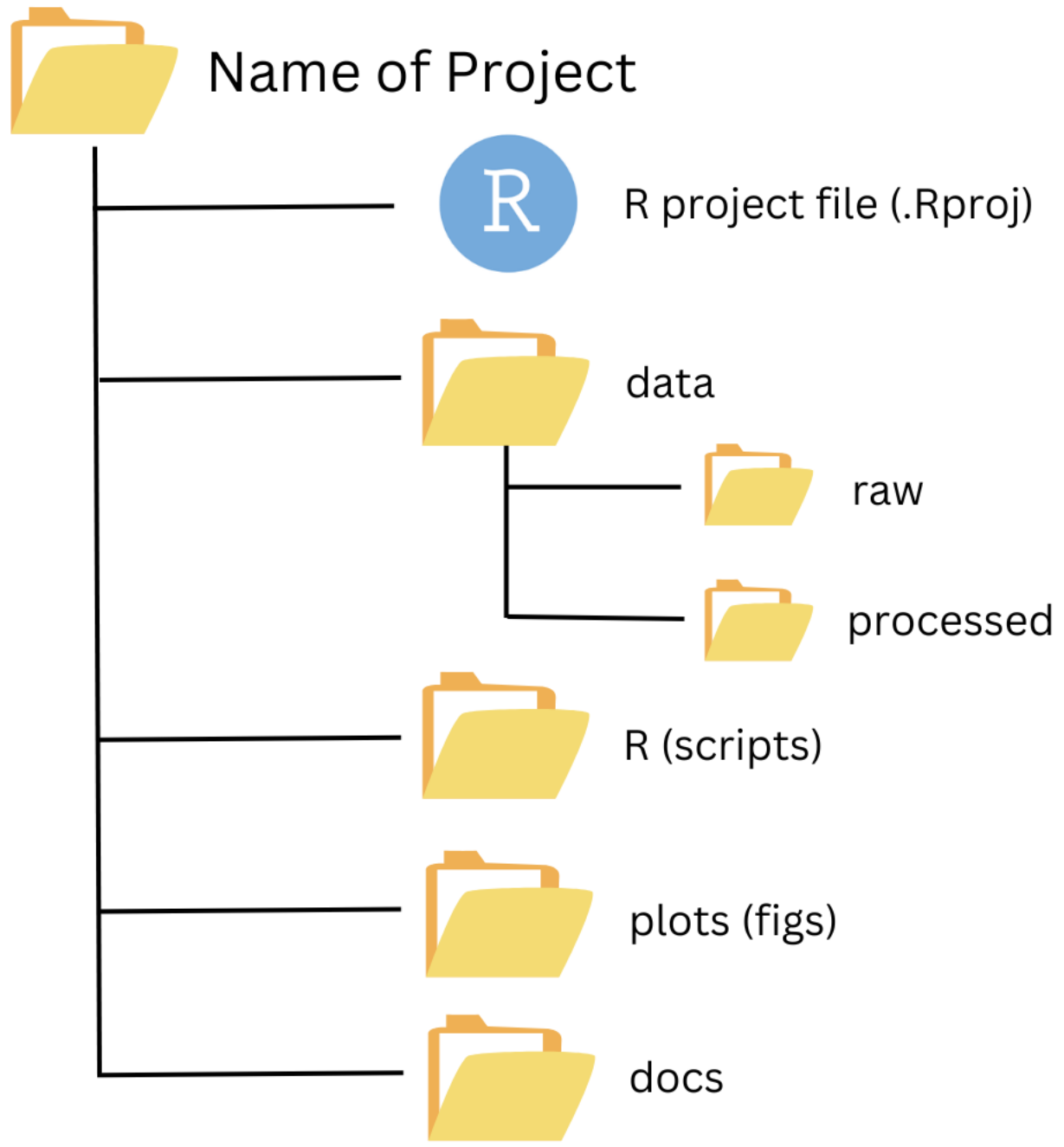
- `getwd()`

Using the R Project - <https://r4ds.hadley.nz/workflow-scripts>



# The Glorious R Project

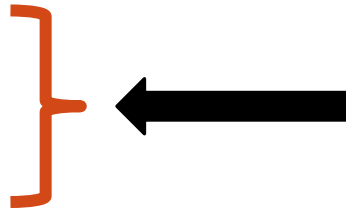
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# Steps to Starting a Project

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1. Create a File/Folder
  - A. This is your Home Base
  - B. Make a Data folder
  - C. Make a Document folder
  - D. Make a Script folder
2. Put your Data in the Data Folder
3. Open RStudio and Create a Project
  - A. Make sure it is saved in your Home Base folder
4. Create a Notebook/Markdown file within your folder



These will differ depending on how you like to structure your folders

**Note:** You can then share the Home Base folder with anyone who can then run the analyses

# Setup the Notebook/Markdown File

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Block 1 – Libraries and Data

Text – Short description of what you are doing

Block 2 – Data Wrangling/Visualization

Block 3 – Other stuff/Magic

# Pipe Operator

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%>%

*or*

|>

# Piping in **R** is like baking

`slice(decorate(bake(mix(ingredients))))`



`mix( ) |>`

`bake( ) |>`

`decorate( ) |>`

`slice( ) ->`

`slice(decorate(bake(mix(ingredients))))`



# Visualize Your File Path

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<https://docs.google.com/presentation/d/1MnJCIYw2Wi1oclqiADUs4HL0FvPQeC8J8W-l-t9CZw/edit?usp=sharing>