

PSYC 640

Grad Stats

Open Science

Fall 2023

Outline

Scientific Method

- Asking Questions

Past & Present of Science

- Replication / Reproducibility

Future Directions in Psychology

- Open Science
- Registered Reports

What Can I Do?

Research



What are the
goals of science?



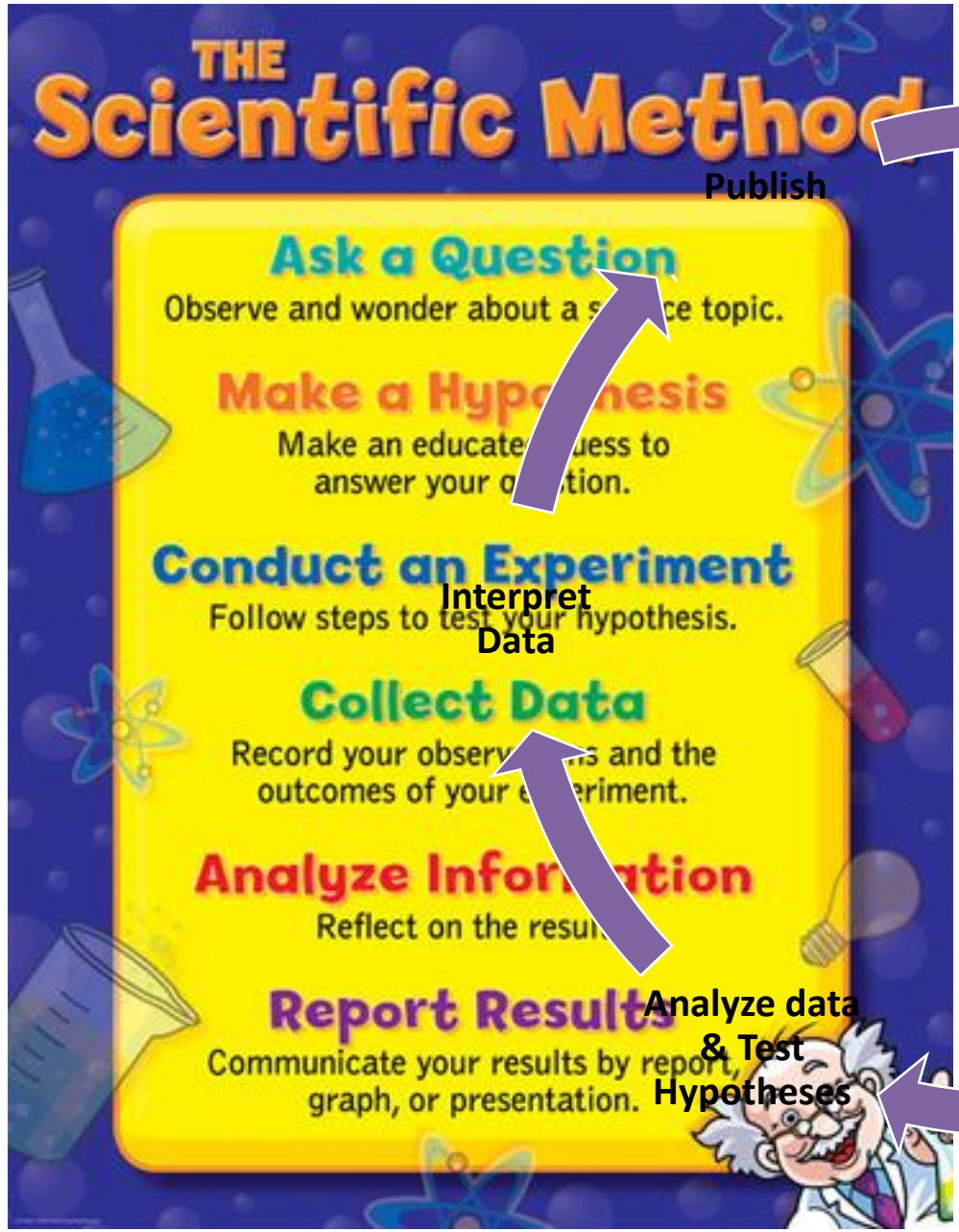
What's the goal of science?

Describe a phenomenon – *What is it?*

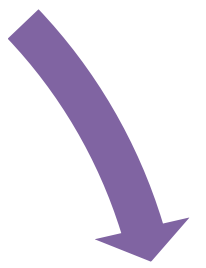
Explain a phenomenon – *Why does it happen?*

Prediction – *What things lead to it happening?*

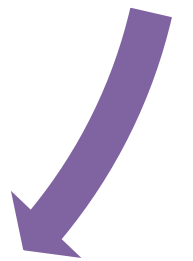
Application – *How can we manipulate this thing?*



Generate & Specify Hypotheses



Design Study



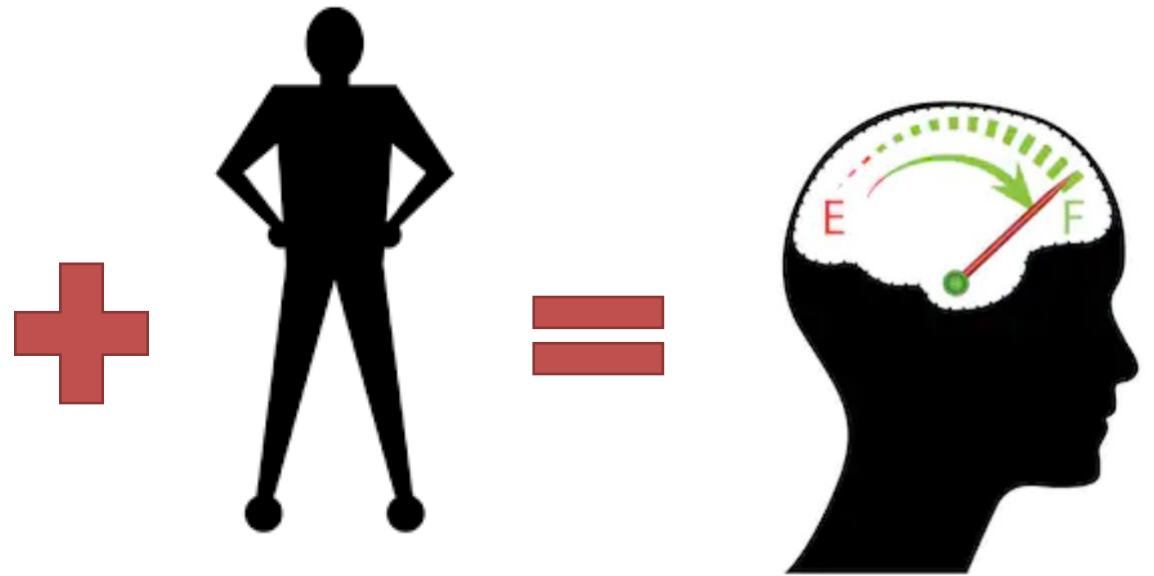
Collect Data



The peer review process



PUP Effect



PUP Effect



Interpret Data

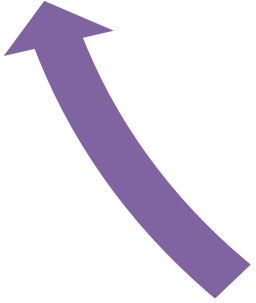
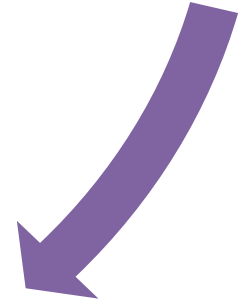
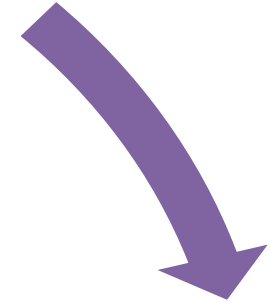
Publish

Generate & Specify Hypotheses

Design Study

Analyze data & Test Hypotheses

Collect Data



Reproducibility vs. Replicability

Reproducibility:

- Taking all materials from a study and coming to the same conclusions

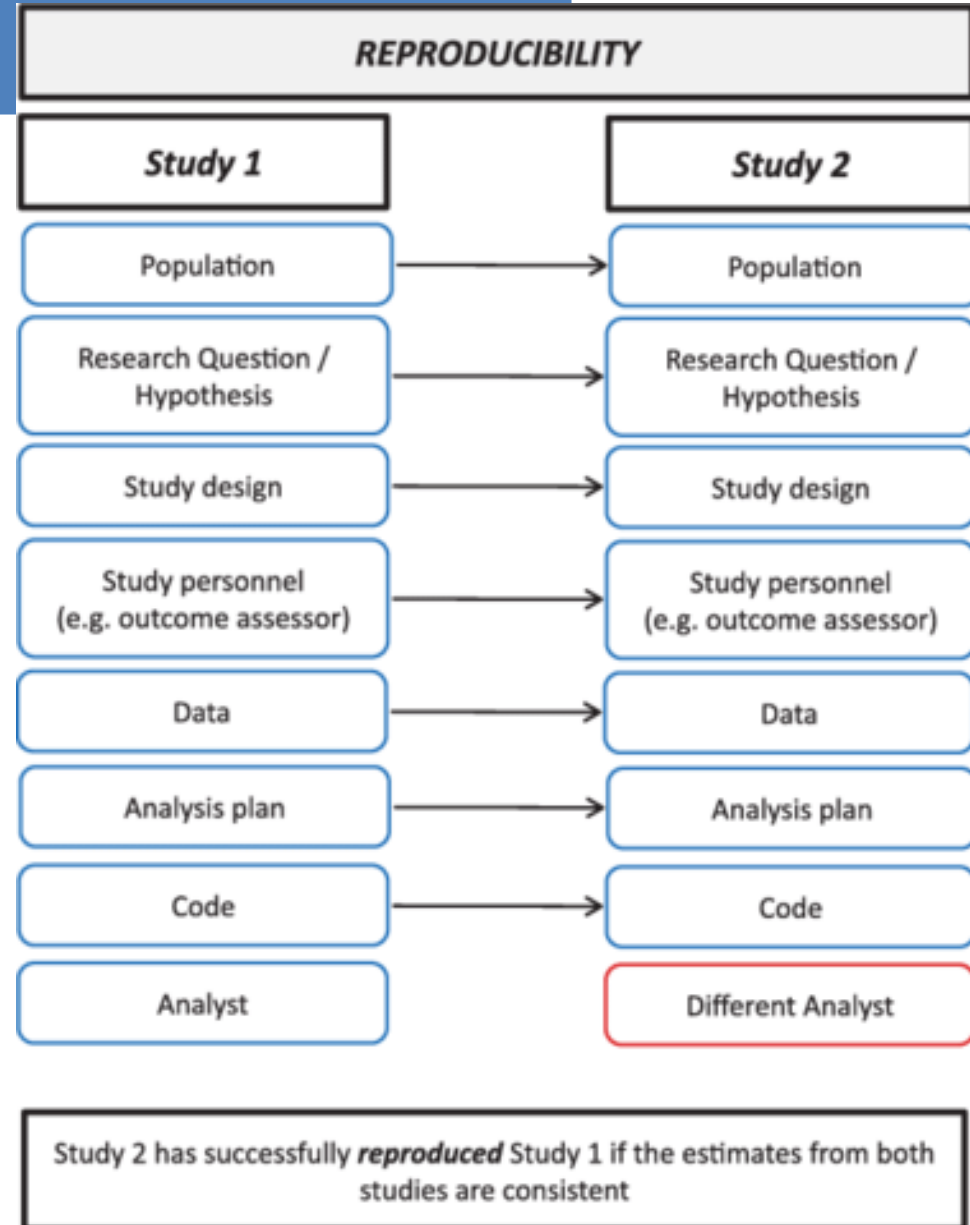
Replicability:

- The process of applying the same methodology with a different sample and research group

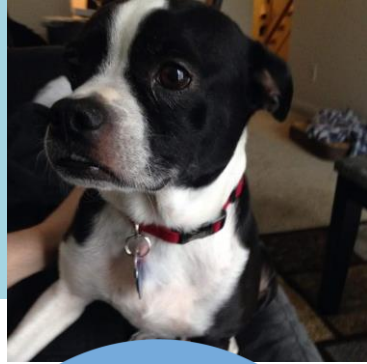
Reproducibility vs. Replicability



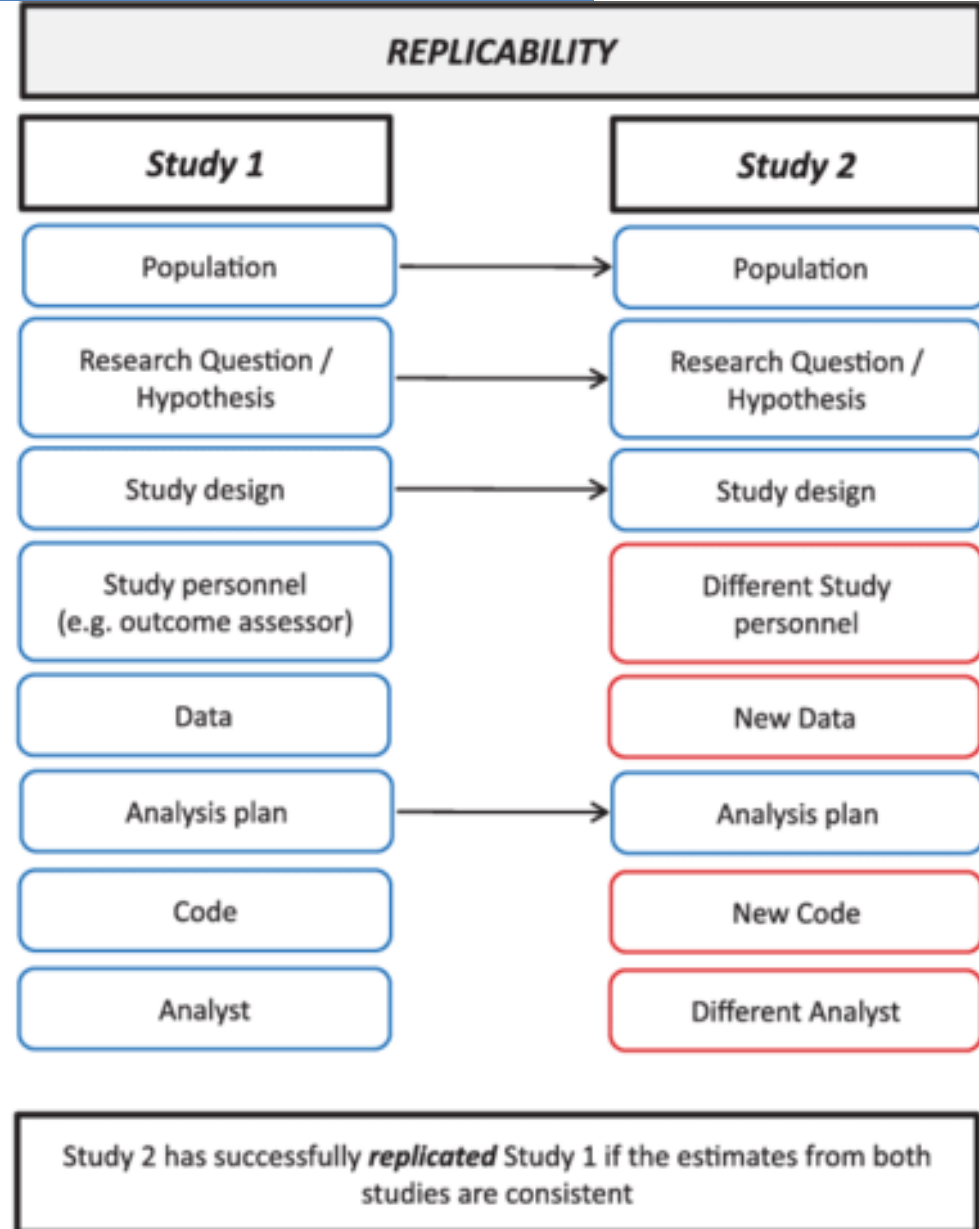
RESULTS



Reproducibility vs. Replicability



RESULTS





What
happens if
it doesn't
work?





IS THERE A
**REPRODUCIBILITY
CRISIS?**

Article Discussion

A *Nature* survey lifts the lid on
~~how researchers view the 'crisis'~~
rocking science and what they
think will help.

BY MONYA BAKER

Estimating the reproducibility of psychological science

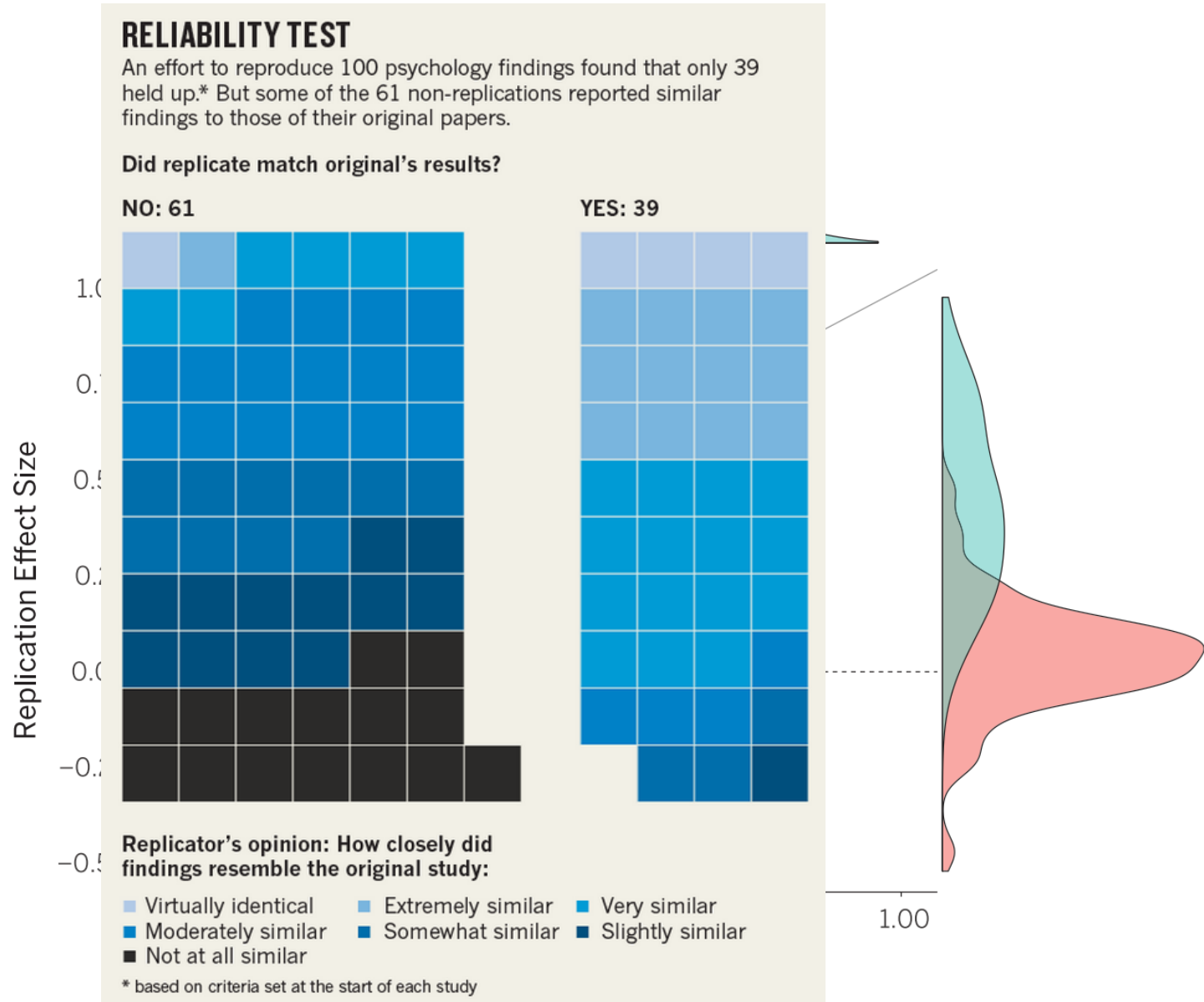
Open Science Collaboration^{*,†}

+ See all authors and affiliations

100 Replication Studies
Adequately Powered

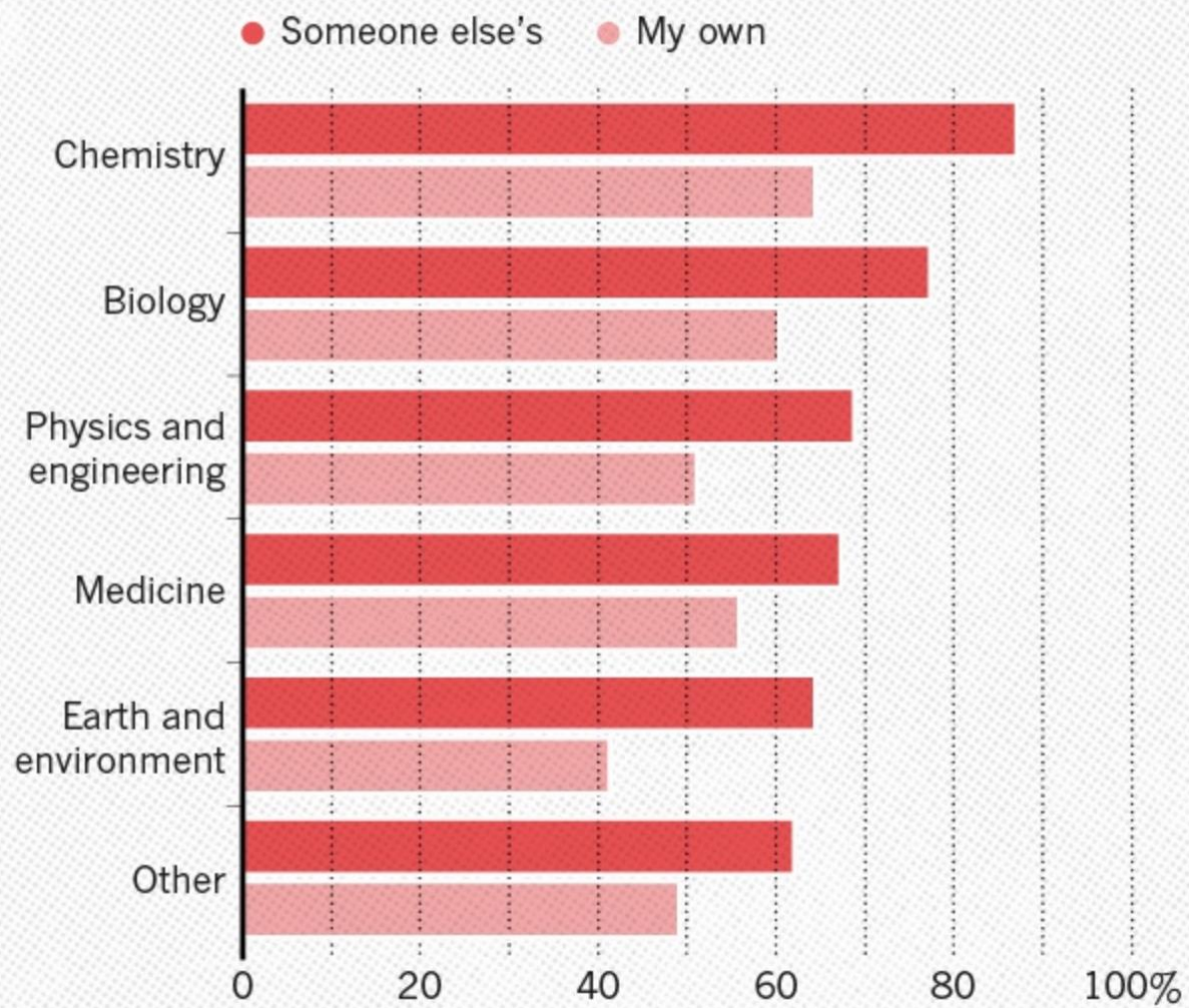
Original Studies:
Mean Effect: 0.403
% with $p < .05$: 97%

Replication Studies:
Mean Effect: 0.197
% with $p < .05$: 47%



HAVE YOU FAILED TO REPRODUCE AN EXPERIMENT?

Most scientists have experienced failure to reproduce results.



Opinions

Diederik Stapel: The Lying Dutchman

A top Cornell food researcher has had 15 studies retracted. That's a lot.

Brian Wansink is a cautionary tale in bad incentives in science.

By Brian Resnick and Julia Belluz | Updated Oct 24, 2018, 2:25pm EDT



Daryl Bem Proved ESP Is Real

Which means science is broken.

MAY 17, 2017 • COVER STORY

Questionable Research Practices



Selective reporting of dependent variables



Deciding whether to collect more data after looking to see whether the results will be significant



Failing to disclose experimental conditions



In a paper reporting selectively studies that worked

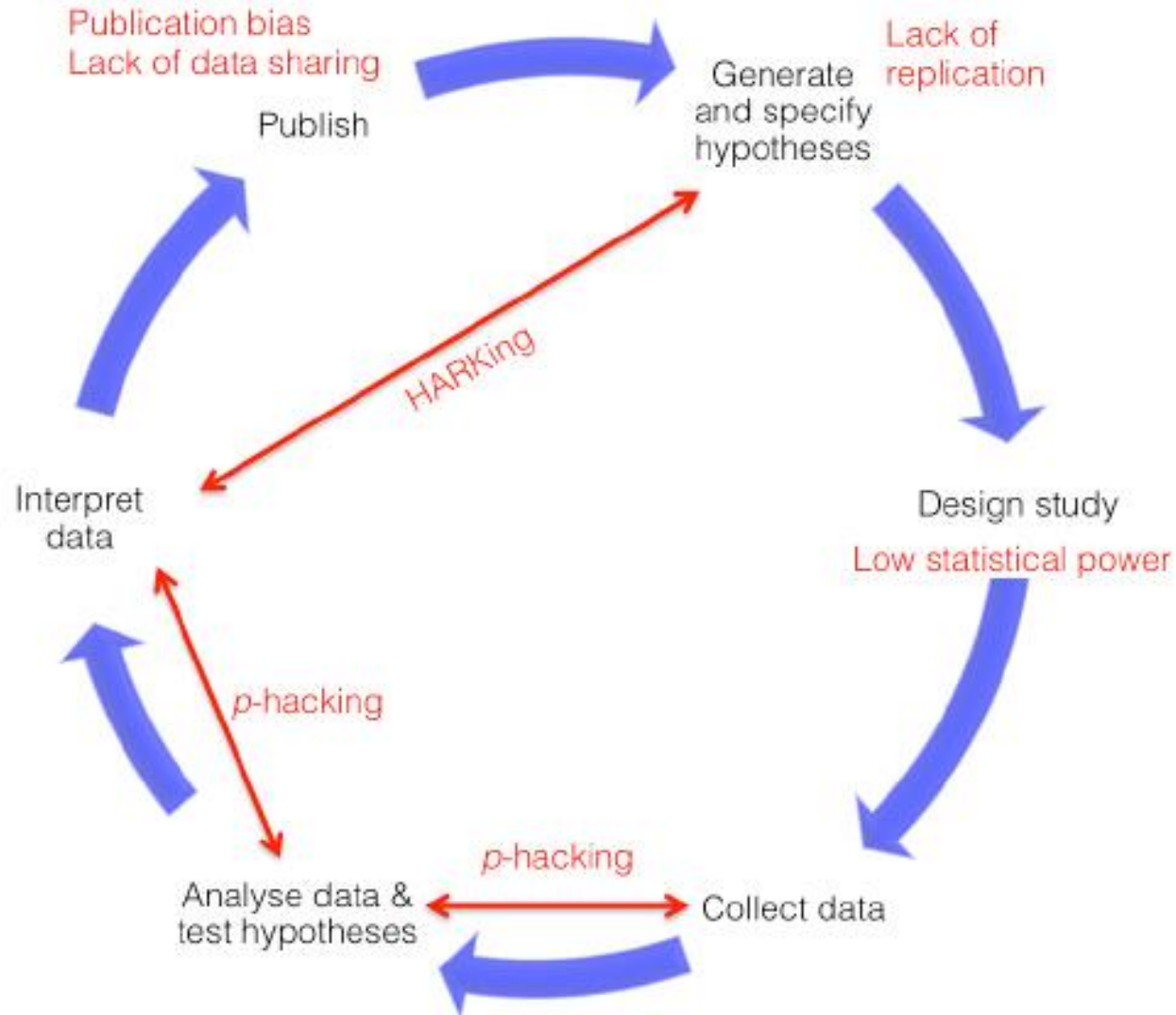


Reporting an unexpected finding as having been predicted from the start

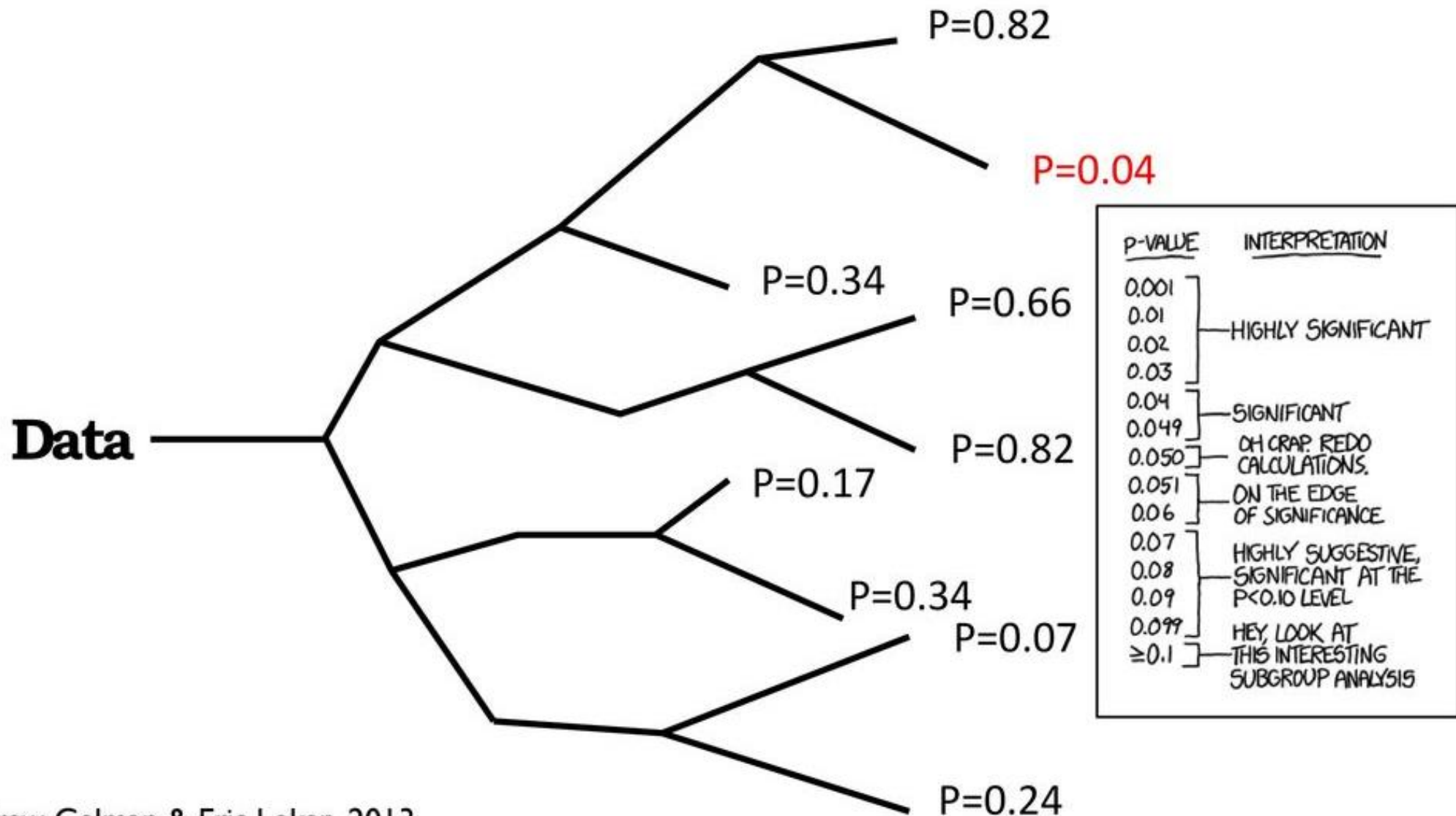


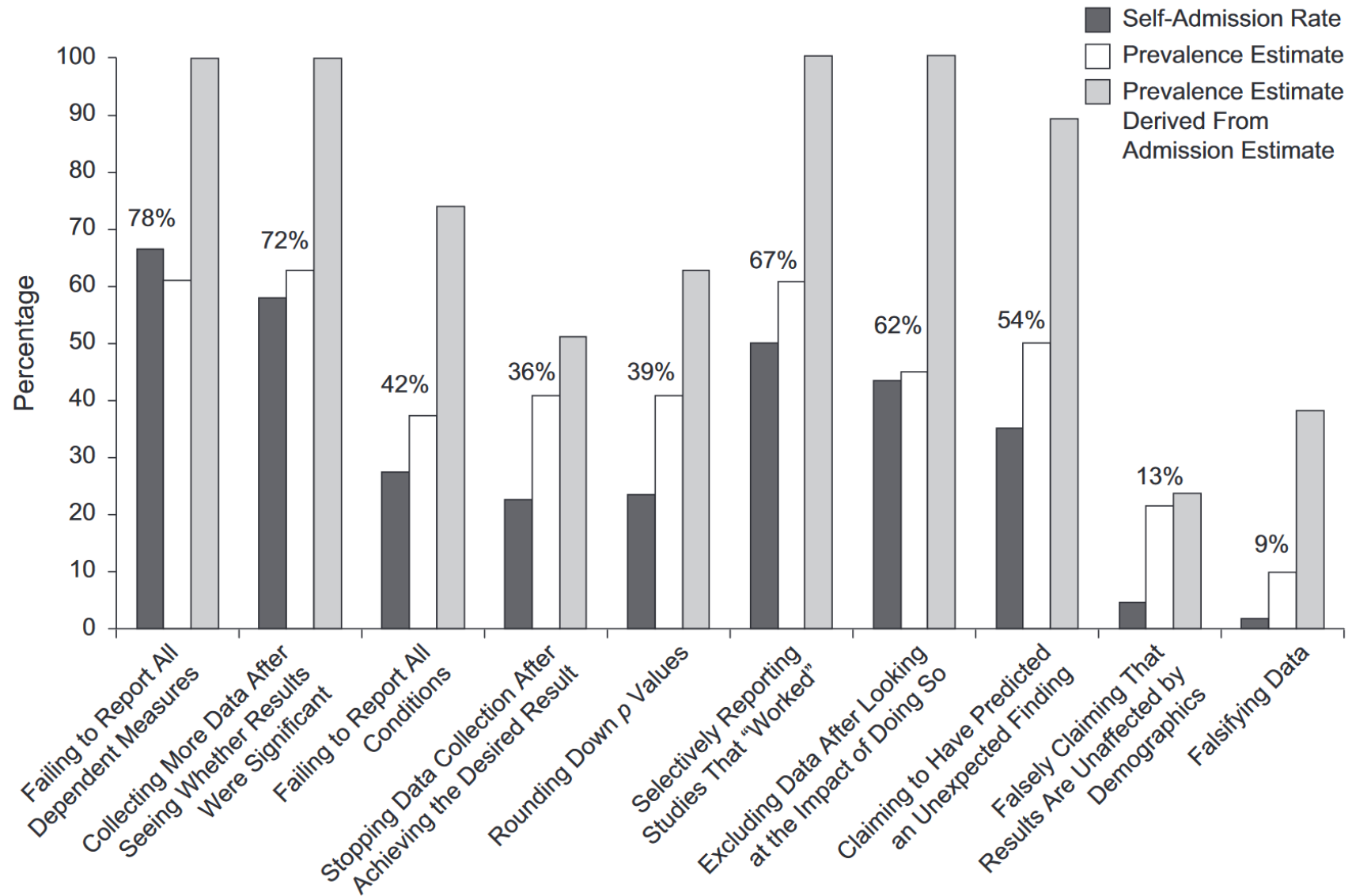
Falsifying Data

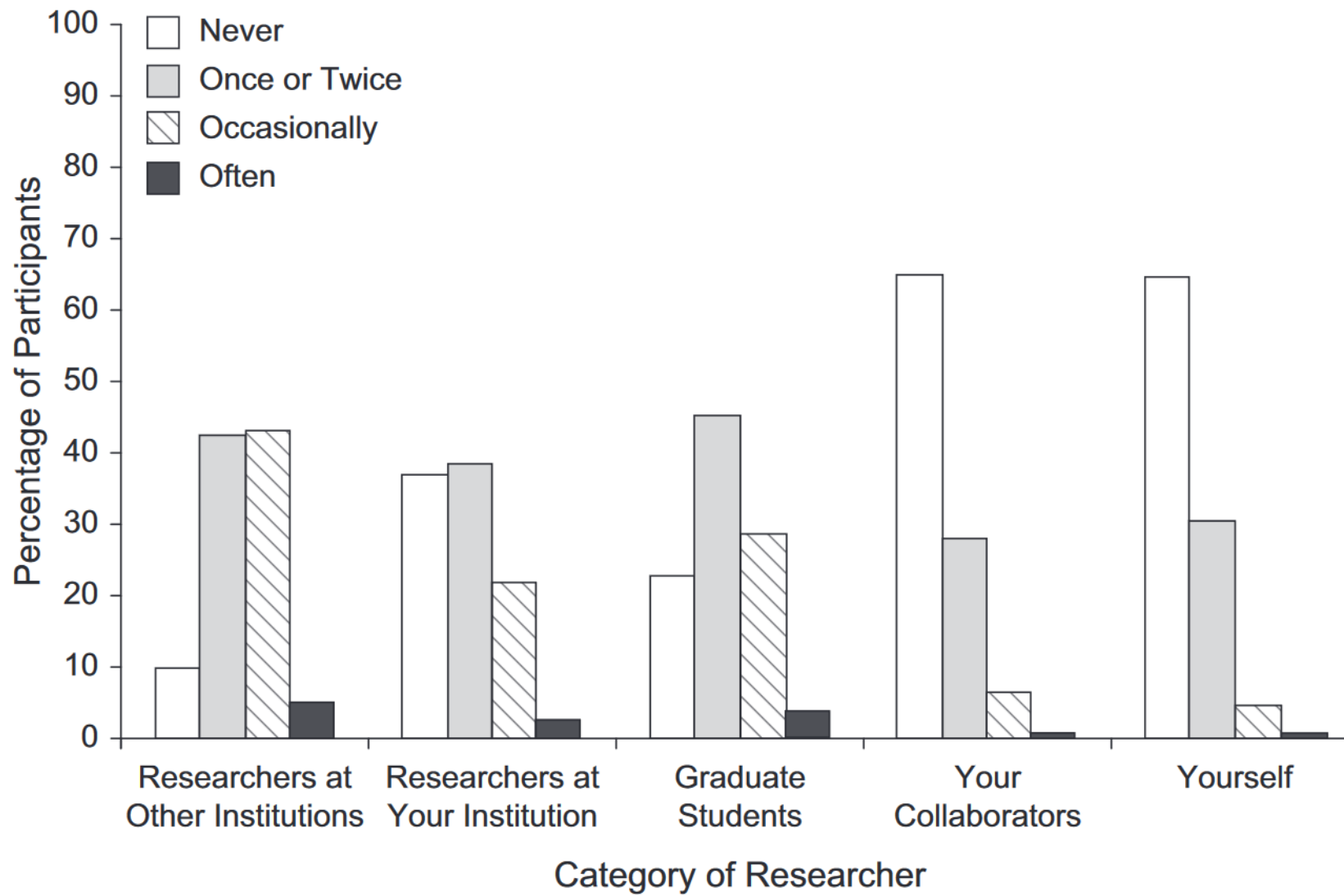
Scientific Process & QRP's



Garden of Forking Paths







Go to Link



Good
Research
Practices

Questionable
Research

Fabrication
Falsification
Plagiarism



'Ideal' Sloppy Un-

tion Fabrication





Outline

Scientific Method

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What Can I Do?

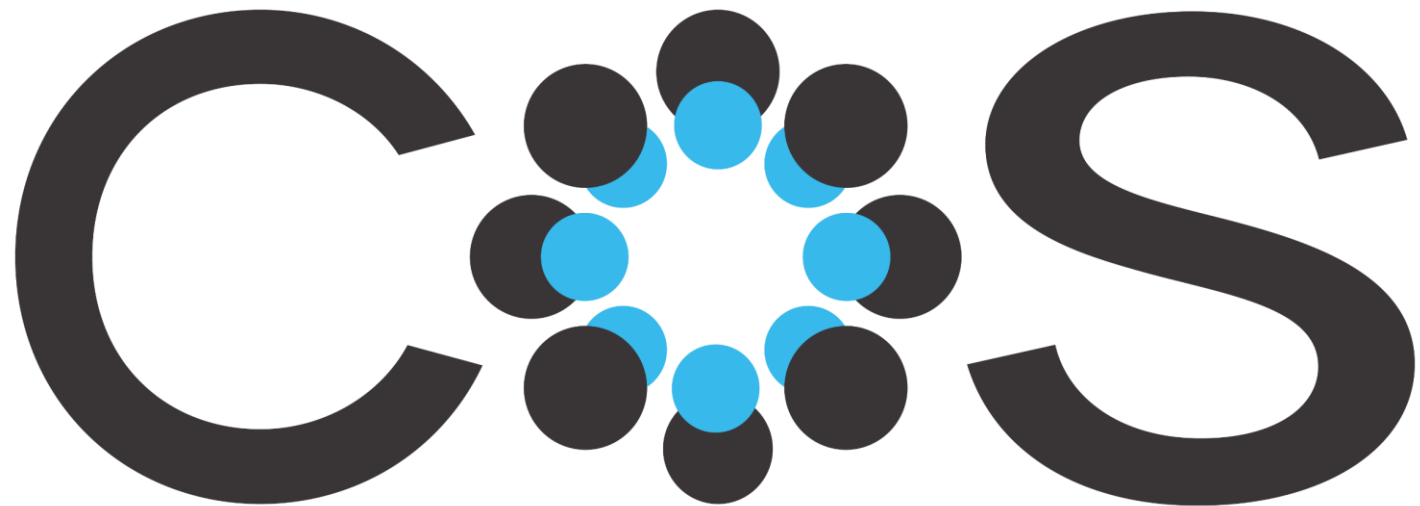
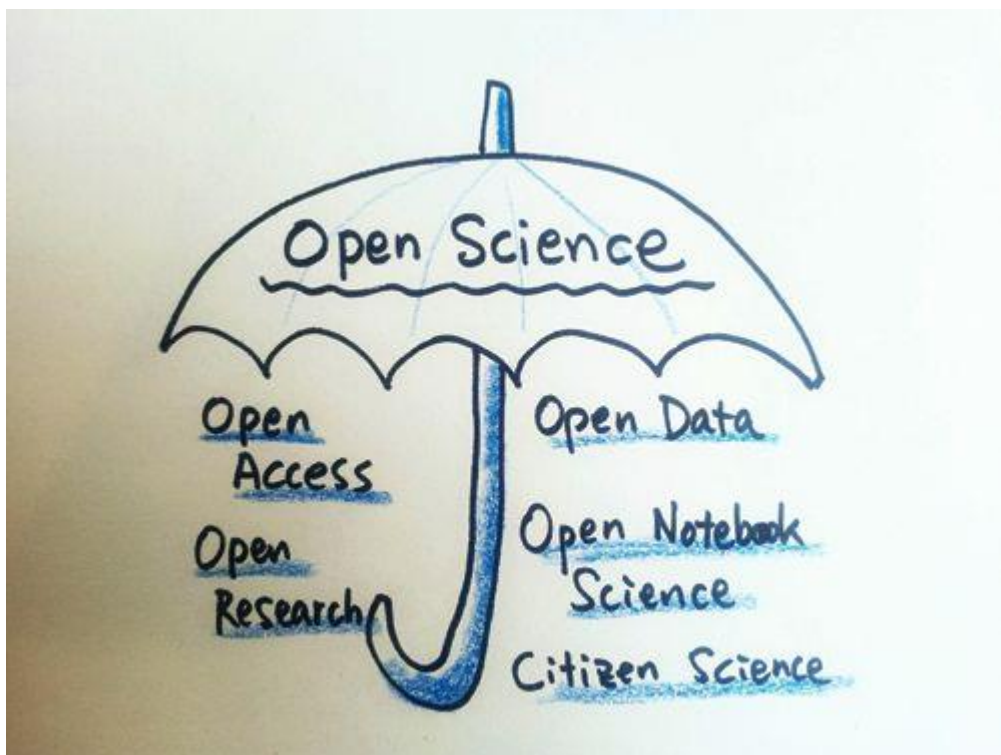
Research

What is “Open Science”?

Open Science

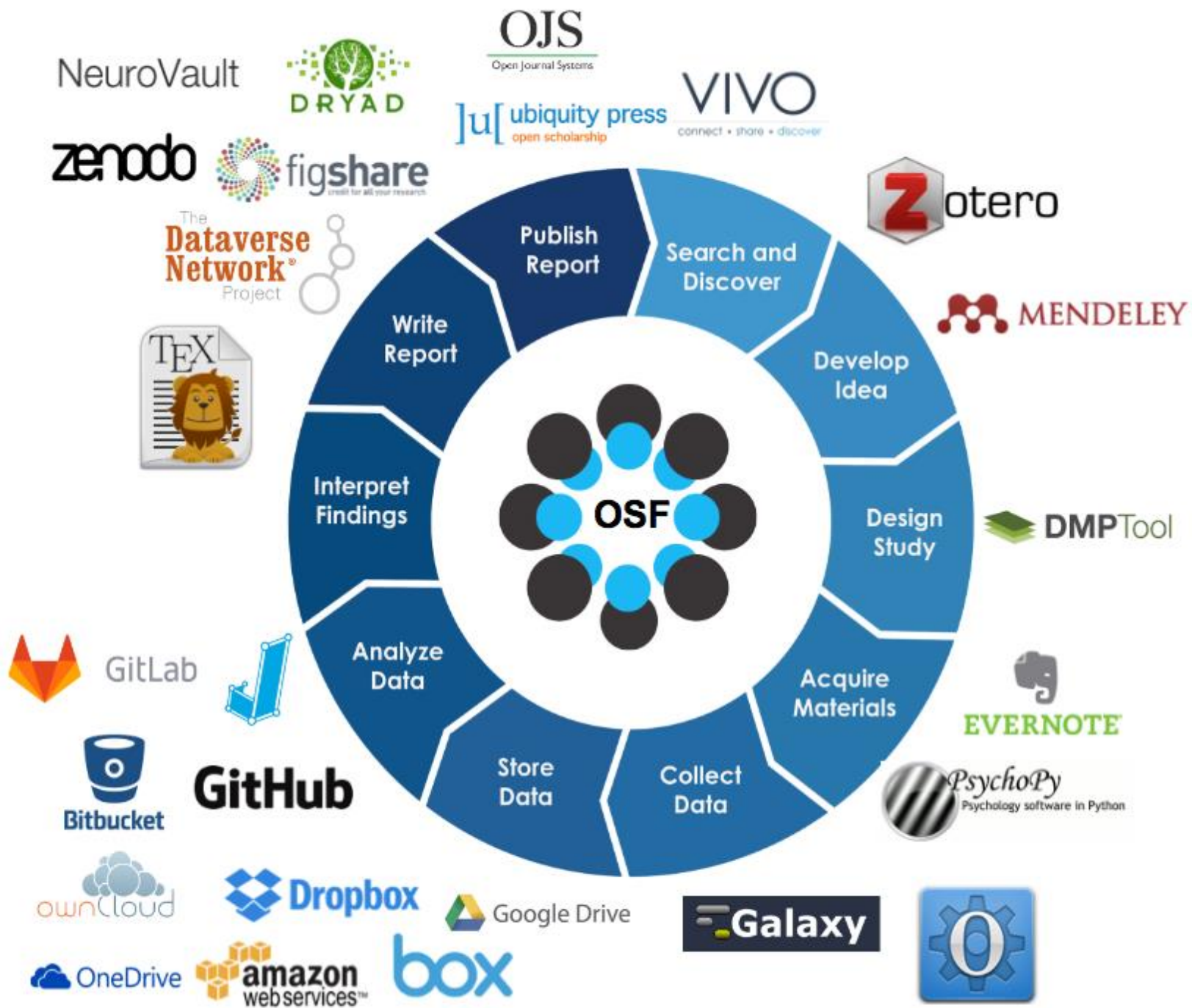


Open Science

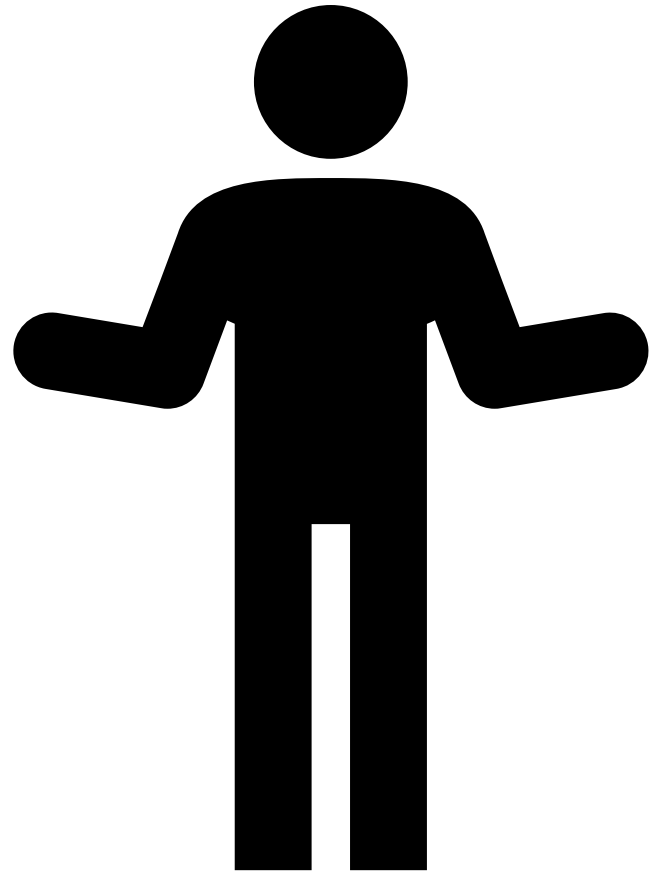


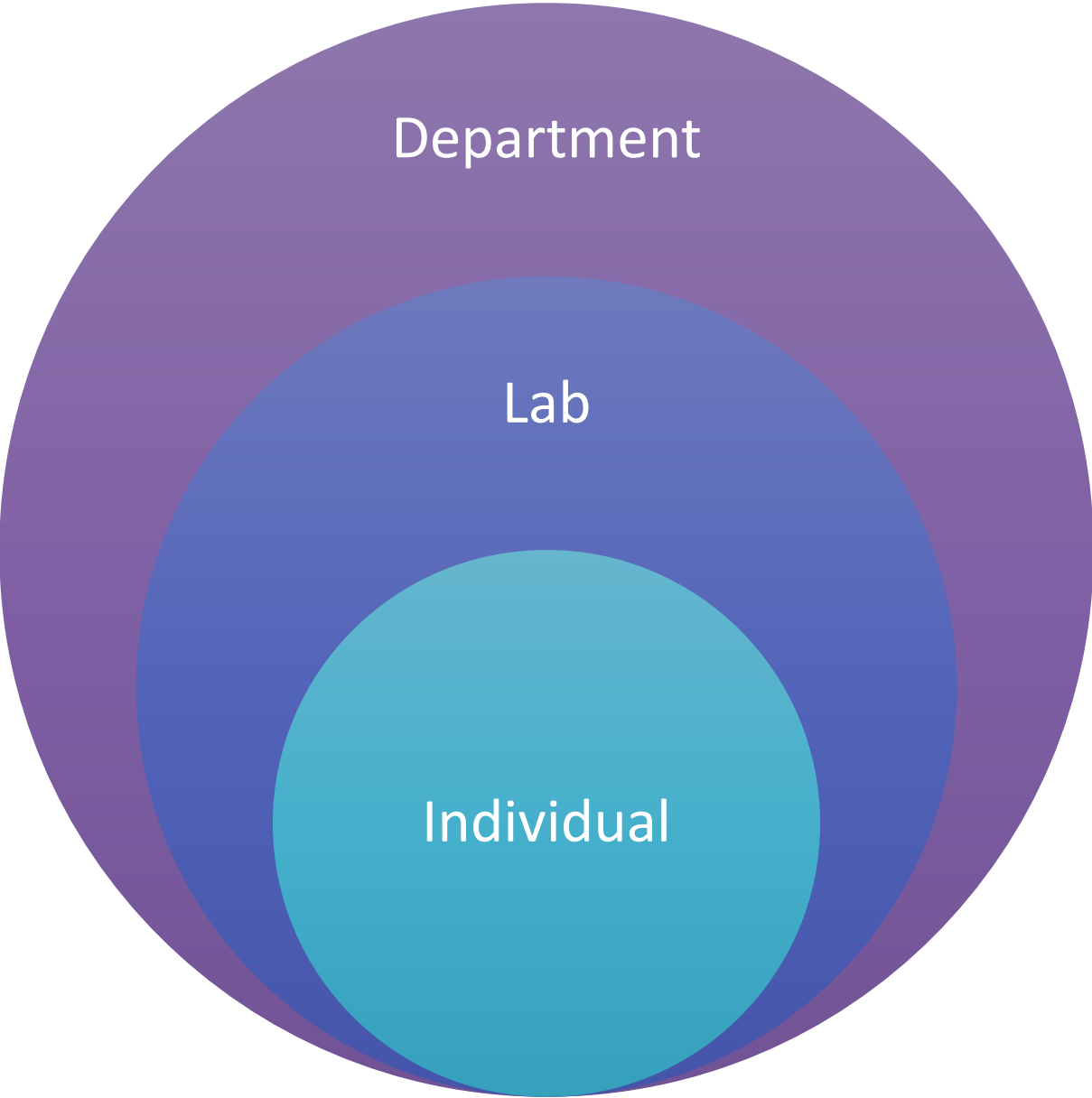
— CENTER FOR —
OPEN SCIENCE





What can I do?





Department

Lab

Individual

Open Science

- Preregistration
- Open Data
- Open Materials





OSF
PREREGISTRATION

- Study Information
- Design Plan
- Sampling Plan
- Variables
- Analysis Plan
- Other



OSF PREREGISTRATION

- **AsPredicted registration:**
- 1. Have any data been collected for this study already? (optional)
 - Yes, at least some data have been collected for this study already
 - No, no data have been collected for this study yet
 2. What's the main question being asked or hypothesis being tested in this study? (optional)
 3. Describe the key dependent variable(s) specifying how they will be measured. (optional)
 4. How many and which conditions will participants be assigned to? (optional)
 5. Specify exactly which analyses you will conduct to examine the main question/hypothesis. (optional)
 6. Any secondary analyses? (optional)
 7. How many observations will be collected or what will determine the sample size? No need to justify decision, but be precise about exactly how the number will be determined. (optional)
 8. Anything else you would like to pre-register? (e.g., data exclusions, variables collected for exploratory purposes, unusual analyses planned?) (optional)
- <https://osf.io/zab38/wiki/home/>

Main Goal = Reproducibility

Past you is your worst collaborator

Registered Reports

A landscape photograph showing a white, snow-covered field in the foreground and a line of trees in the distance under a clear blue sky.

Registered Reports

- Current Number of Participating Journals: Over 300!

Psychological Science

Behavioral Neuroscience

Affective Science

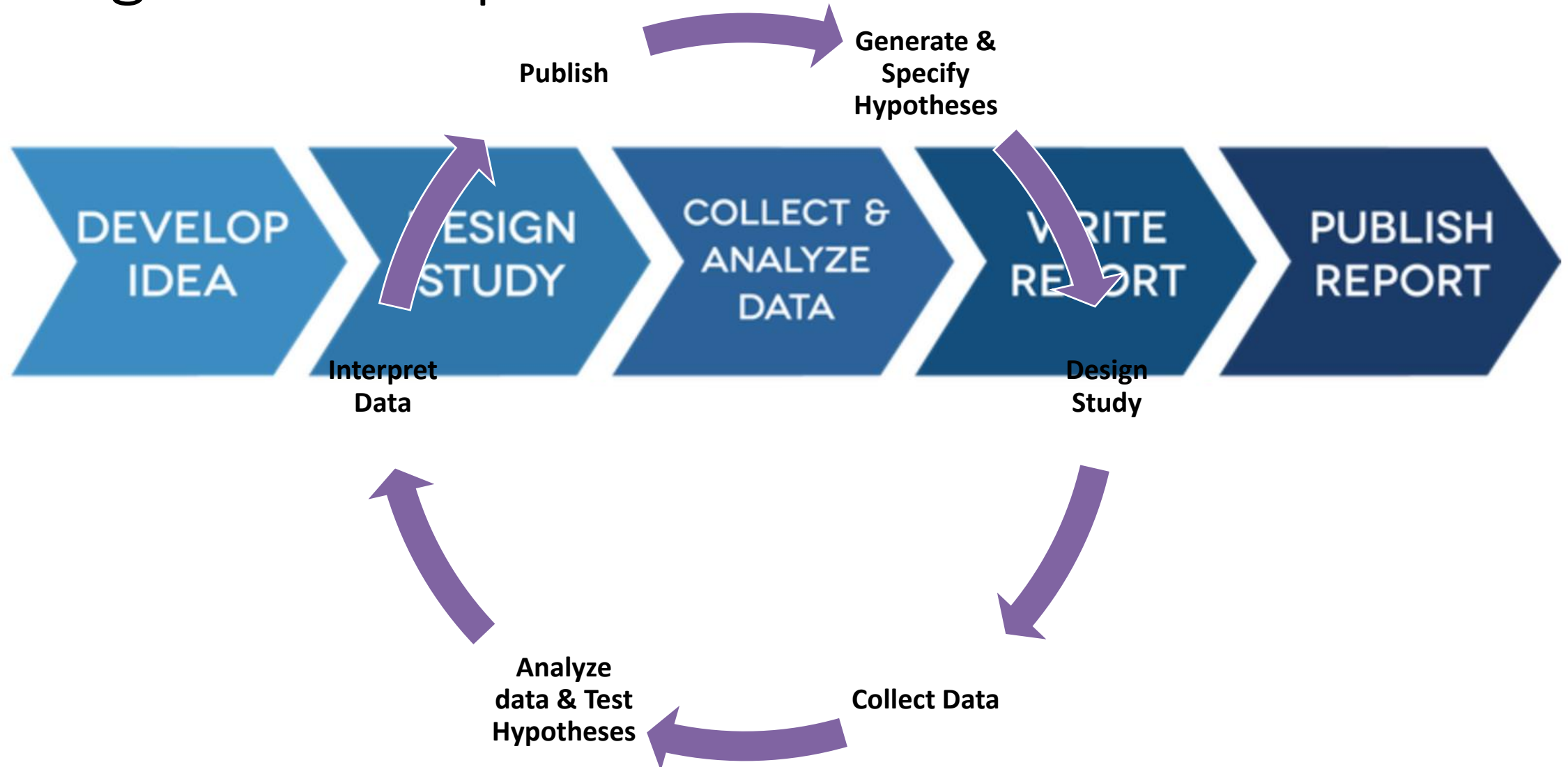
Cognition and Emotion

Assessment

British Journal of
Clinical Psychology

Journal of Research in Personality

Registered Reports



Registered Reports



Registered Reports



Lab Policies

- Lab policies as to how data is handled
 - Stopping rules
 - Data collection procedures Data storage
 - Documentation of own decisions (keeping track of everything)
 - Open Code



Department Policies

Dissertations as Registered Reports

Consideration in hiring decisions (quality over quantity)

Training

- Statistical Methodology
- Data management
- Open Science Practices

Universal rules and procedures for how these things are done and documented (the Bus factor)

Consequence of practicing open science

Potential Drawbacks:

- Slower to start projects
 - Possibility of sunk time
- Less Publications

Positives

- Thoughtful methods
- Prepared when asked for materials from editors or colleagues
- Forces having clear hypotheses
- Projects go smoothly
 - Paper is already done

...and this is where we put the non-significant results.



Non-significant finding...
Now what?



- If did registered report, it is still getting published

THE Scientific Method

Ask a Question

Observe and wonder about a science topic.

Make a Hypothesis

Make an educated guess to answer your question.

Conduct an Experiment

Follow steps to test your hypothesis.

Collect Data

Record your observations and the outcomes of your experiment.

Analyze Information

Reflect on the results.

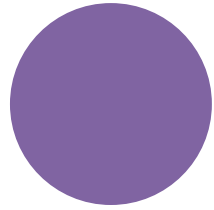
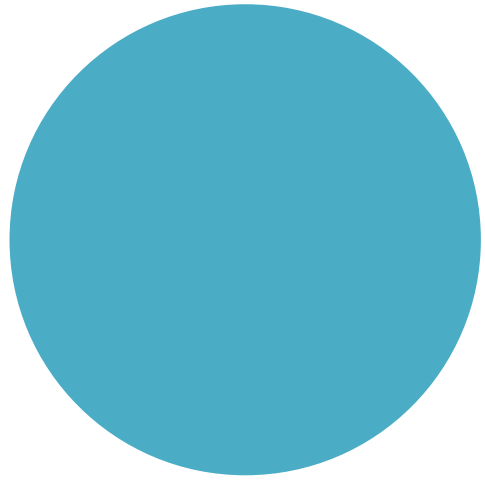
Report Results

Communicate your results by report, graph, or presentation.



The image features a repeating pattern of pink alarm clocks. Each clock has a human-like face with two black dots for eyes and a large, open mouth showing a dark interior. The clocks are arranged in a grid-like pattern across the entire frame. The background is a solid teal color. The text "If we have time..." is overlaid in the center in a white, outlined font.

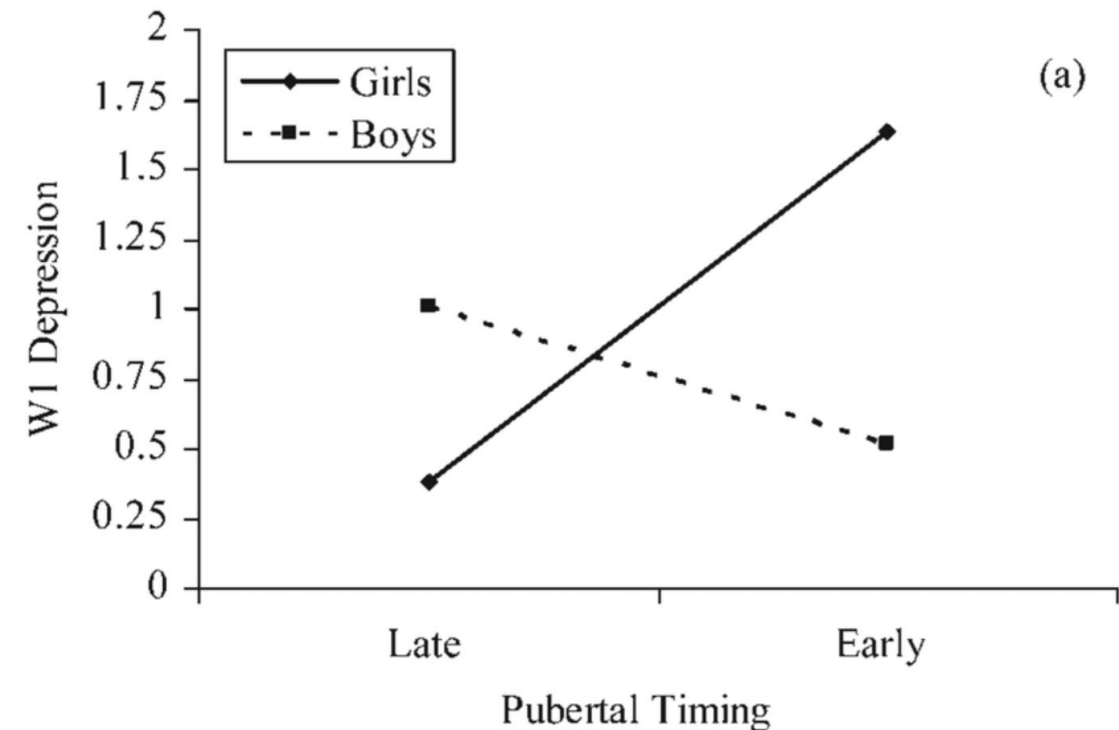
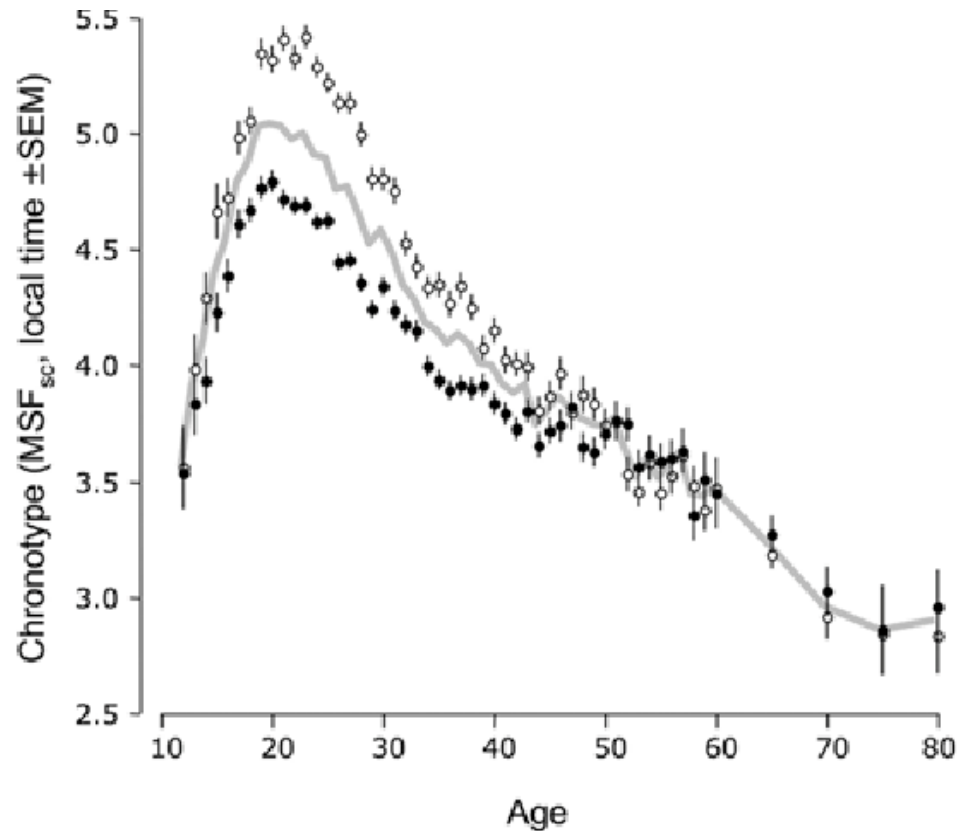
If we have time...



Chronotypal Timing:
Failure or Phoenix?



Chronotype & Puberty



Roenneberg, T., Kuehne, T., Juda, M., Kantermann, T., Allebrandt, K., Gordijn, M., & Merrow, M. (2007). Epidemiology of the human circadian clock. *Sleep medicine reviews*, 11(6), 429-438.

Conley, C. S., & Rudolph, K. D. (2009). The emerging sex difference in adolescent depression: Interacting contributions of puberty and peer stress. *Development and psychopathology*, 21(2), 593-620.


Step 1 -
Preregister

Chronotype & Pubertal Timing



Contributors: [Dustin Haraden](#), [Elissa June Hamlat](#), [Kathleen McCormick](#), [Benjamin Hankin](#)









Date created: 2019-04-30 10:30 PM | Last Updated: 2019-08-05 06:36 AM

Category:  Project

Files 

Click on a storage provider or drag and drop to upload

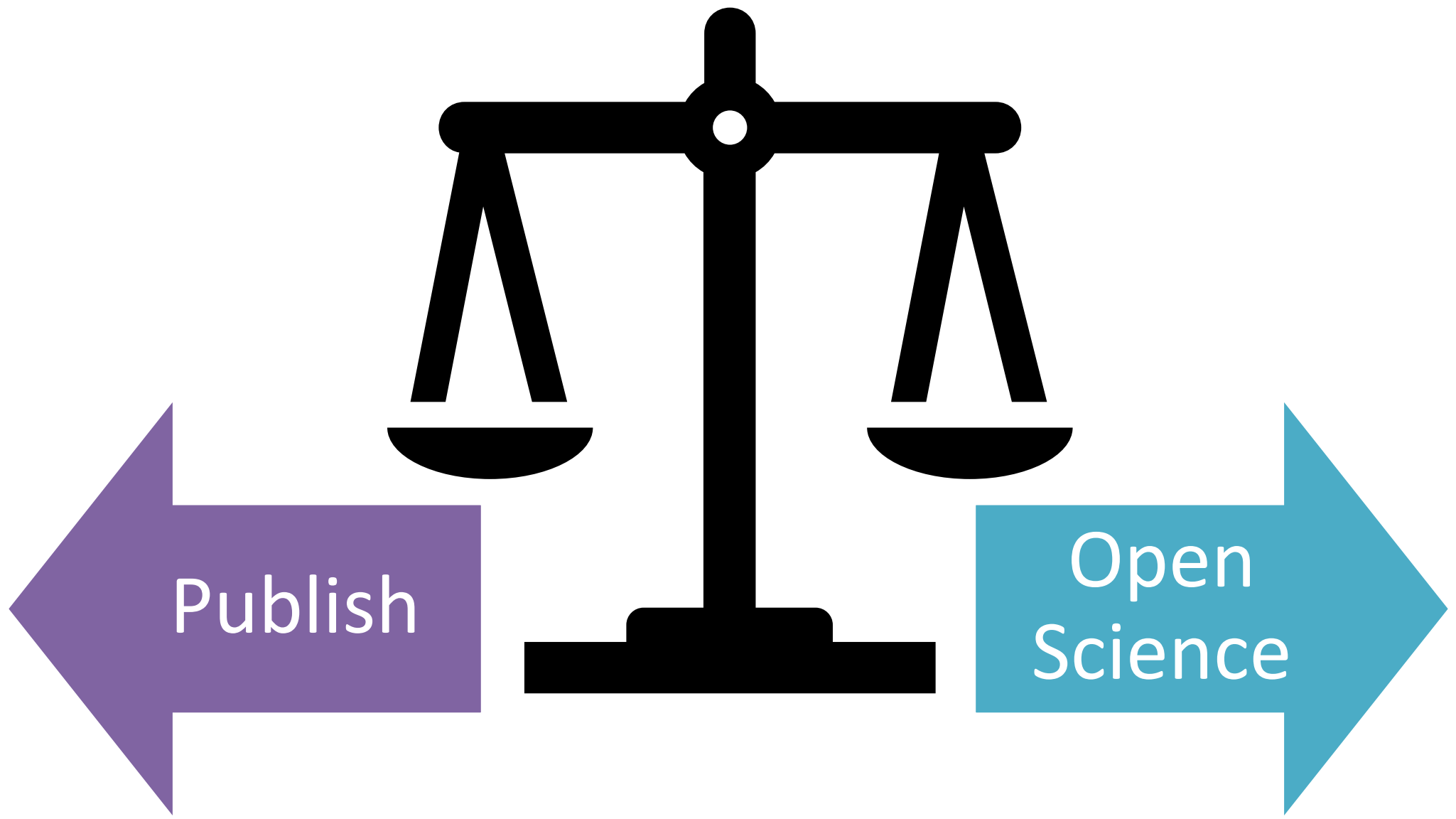
 Filter 

Name  	Modified  
 Chronotype & Pubertal Timing	
-  OSF Storage (United States)	
 OSF_Chron_Pub_Time.docx	2019-04-30 10:35 PM
 OSF_Chron_Pub_Time_Update_5_8_19.do...	2019-05-08 10:18 AM

Step 2 –
Analyses &
Writeup



- Asked to provide more detail
- Decided to reproduce results



Publish

Open
Science



Studio[®]



GitHub



OSF

Circadian Preference Timing and Depressive Symptoms In Youth

Dustin A. Haraden, M.S.^{a*}, Kathleen McCormick, B.S.^a, Elissa Hamlat, Ph.D.^b, & Benjamin L. Hankin Ph.D.^a



^a Department of Psychology, University of Illinois at Urbana-Champaign; ^b Department of Psychiatry, University of California, San Francisco

INTRODUCTION

Preferences in bed and rise times are often referred to as "chronotype" ("owl" or "lark")¹

Children tend to go to bed & wake early ("morningness"), then rapidly transition to staying up late & sleeping late during adolescence ("eveningness"), with a gradual decline back to morningness in adulthood^{2,3}

The transition toward eveningness coincides with pubertal development, such that postpubertal youth are more likely to have an evening preference³

Having an evening preference in youth, has shown associations with history of depressive symptoms as well as concurrently and prospectively, above the influence of pubertal status^{4,5}

The timing of the pubertal transition impacts the development of depression, suggesting a mismatch of rhythms as a potential risk factor⁶

The current study proposes a new examination of chronotype to investigate the timing of the developmental transition from morningness to eveningness – "chronotypal timing" – as it relates to symptoms of depression, which coincides with a recent call for new examinations of pubertal status

MAIN QUESTIONS:

- Q1: History of Depression → Chronotypal Timing
- Q2: Chronotypal Timing → Concurrent Depression
- Q3: Chronotypal Timing → Prospective Depression

DATA ANALYTIC PLAN

Regress chronotype on pubertal status and save standardized residuals as a measure of "chronotypal timing" (similar to procedures for pubertal timing)

Given an individual's pubertal status (e.g., more developed), their chronotype is expected to be at a particular value (e.g., greater preference for evening). Therefore, the residual of this predicted value is how far they deviate from their expected score

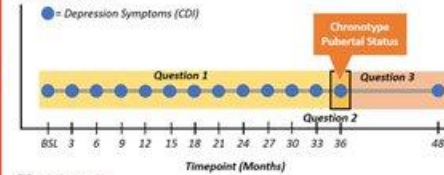
Investigate the **three main questions** in separate regressions:

- Q1 – Identify latent intercept of depression from BSL – 33mo to predict chronotypal timing
- Q2 – Investigate concurrent relationships between chronotypal timing and symptoms of depression (at 36mo)
- Q3 – Examine prospective relationships, such that chronotypal timing (at 36mo) predicts later symptoms of depression, one year later at 48mo)

METHODS

N = 180, 58% female, M_{age} = 14.92, SD = 2.33

Study Timeline



Measures:

- Children's Depression Inventory (CDI)
- Morningness-Eveningness Scale in Children (MES-C)
- Pubertal Development Scale (PDS)

RESULTS

Elevations in **symptoms of depression** (both history and concurrent) were negatively related **Chronotypal Timing**

- Youth with a greater evening preference compared to their pubertal status were related to greater symptoms of depression

Chronotypal timing predicted later individual differences in symptoms of depression although this finding was no longer significant when controlling for previous symptoms of depression

DISCUSSION

- Youth history of depression produces an ultimate mismatch in chronotypal timing such that elevations in depression show greatest mismatch

FUTURE DIRECTIONS

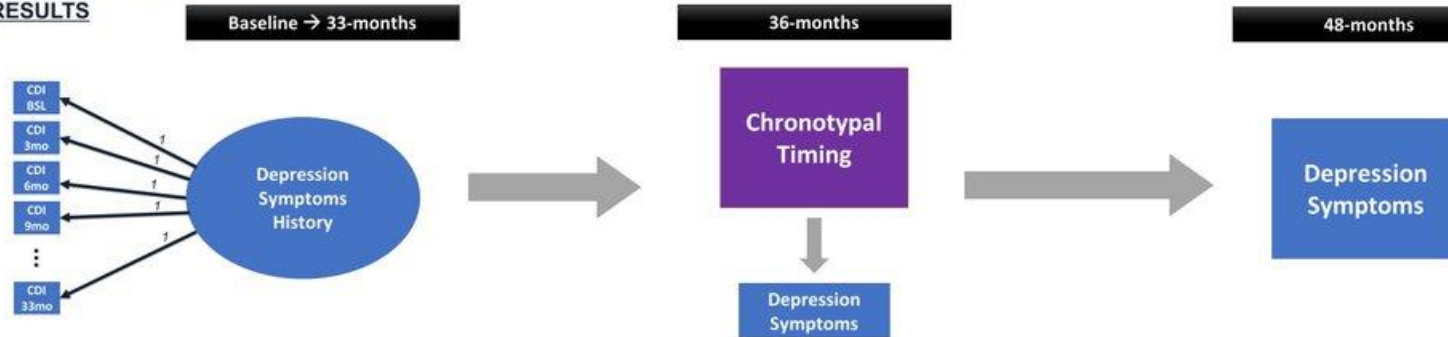
- The shift in chronotype may reflect a larger developmental transition, and is important to examine in conjunction with pubertal development
- Additional investigation of chronotypal timing within a younger sample so as to provide variability in terms of pubertal status

REFERENCES

1. Roenneberg, T. et al. Epidemiology of the human circadian clock. *Sleep medicine reviews* 11, 429 (2007)
2. Carskadon, M. A., Vieira, C. & Acebo, C. Association between puberty and delayed phase preference. *Sleep* (1993)
3. Roenneberg, T. et al. A marker for the end of adolescence. *Current Biology* 14, R1038 (2004)
4. Haraden, D. A., Mullin, B. C. & Hankin, B. L. The relationship between depression and chronotype: A longitudinal assessment during childhood and adolescence. *Depression and Anxiety* (2017). doi: 10.1002/da.22692
5. Haraden, D. A., Mullin, B. C. & Hankin, B. L. Internalizing symptoms and chronotype in youth: A longitudinal assessment of anxiety, depression and tripartite model. *Psychiatry Research* 272, 797–805 (2019)
6. Brooks-Gunn, J., Petersen, A. C. & Eichorn, D. The study of maturational timing effects in adolescence. *Journal of Youth and Adolescence* 14, 149–161 (1985)

RESULTS

Note: All analyses controlled for gender



Q1: History of Depression → Chronotypal Timing

	b	Std Error	β	p-value
CDI History	-0.092	0.03	-0.337	0.002
Gender	0.264	0.145	0.128	0.068
CDI 36mo	0.001	0.021	0.004	0.972

Q2: Chronotypal Timing → Concurrent Depression

	b	Std Error	β	p-value
Chronotypal Timing	-1.265	0.37	-0.246	0.001
Gender	1.689	0.756	0.161	0.025

Q3: Chronotypal Timing → Prospective Depression

	b	Std Error	β	p-value
Chronotypal Timing	-0.957	0.4	-0.175	0.017
Gender	1.381	0.817	0.124	0.091

Send Dustin an Email:



YOUTH EMOTION, DEVELOPMENT, & INTERVENTION LAB



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